

Realization Process Embodiment Teacher Certification Training – Spring, 2020

This training includes the main Realization Process practices for embodied nondual awakening, as well as specific embodiment and gentle movement practices for attuning to fundamental consciousness within one's whole body. These practices cultivate internal unity, balance, fluidity, presence and subtle energy within the body.

As the embodiment of fundamental consciousness, we become both empty and present at the same time. We know ourselves as the integration of awareness, emotion and physical sensation. We perceive, understand, touch, move, and express ourselves with the whole breadth of our being.

Participants will learn how to recognize and help people resolve chronic imbalances and tensions in the body that limit embodiment and the realization of fundamental consciousness. The training is also an opportunity to deepen your own embodiment and realization of nondual, fundamental consciousness.

Participants are expected to engage in four practice sessions with a partner assigned from within the training group and two practice sessions with someone from outside of the training group. *Note:* The Realization Process Embodiment Teacher Certification Training will not be offered again until Fall, 2021 online and Spring, 2023 in person.

The format of the training is in two five-day modules. The first module is taught by senior Realization Process teachers in your choice of three locations and the second module is taught by Judith Blackstone in Woodstock, New York.

Embodiment Teacher Training Part One options:

- **With Roma Hammel in Los Altos Hills, California, March 25-29, 2020**
For more information about Roma, click [here](#)
To register for part one of the Embodiment training with Roma:
roma@romahammel.com, <http://www.romahammel.com/>
- **With Jon Hansen in Portland, Oregon, April 1-5, 2020**
For more information about Jon, click [here](#)
To register for part one of the Embodiment training with Jon:
jonhansen01@gmail.com, <http://www.jonfhansen.com>
- **With Marcia Haarer and Christi Bemister in Ann Arbor, Michigan, April 4-8, 2020**
For more information about Marcia and Christi, click [here](#)
To register for part one of the Embodiment training with Marcia and Christi:
rpannarbor@gmail.com, <https://www.marciahaarer.com/events>

Part Two

With Judith Blackstone in Woodstock, New York, May 15-19, 2020

Arrangements for lodging, especially in Woodstock, should be made as soon as possible, as this is a popular tourist destination. There are reasonably priced hotels and many airbnbs in the area.

Registration for part one is a commitment to complete both parts of the training.

Certification:

You will receive a certificate at the completion of the two five-day modules, authorizing you to use the Realization Process Embodiment practices professionally. If you plan to use the Realization Process Embodiment in your work, alone or in combination with other modalities, please credit the practices as the Realization Process. You may request to be listed on the 'Teachers-by-Area' page of the Realization Process website, www.realizationprocess.org.

Cost: \$730 for each part (\$530 if you are repeating the Realization Process Embodiment Teacher Training)

Registration Process:

To register, email your completed application to the teacher of your choice for part one of the training, Marcia and Christi, Jon or Roma. They will send you an invoice for your \$400 deposit. \$200 will be applied toward each of the two parts of the training. Your deposit is refundable, minus a \$50 cancellation fee, if you cancel up to two weeks before part one of the training.

Application for Realization Process Embodiment Teacher Training

Name:

Occupation:

Birth Date:

Address (Street, City, State, Country):

Email:

Best Phone #:

1. What drew you to this course at this time? What are your hopes and expectations for the teaching training?

2. What is your background in meditation and/or embodiment methods? What methods? Years of practice? Teacher(s)?
3. How did you learn about the Realization Process? RP workshops or trainings? Judith Blackstone's talks or books? Sessions with an RP teacher (please include the name/s of your Realization Process teachers, if any)? Please include relevant specific information.
4. Do you anticipate offering classes or workshops, or integrating the Realization Process with other modalities, such as art or bodywork or therapy?
5. Do you have any physical limitations requiring special accommodations?
6. The nature of this work sometimes puts us in touch with challenging memories and emotions. Is there anything in your personal history that might be helpful for us to know?
7. Please add anything else that you feel is relevant to your participation in the training.

Our Privacy Policy:

Your privacy is important to us. We will not share your personal information with anyone.

Main Principles of the Realization Process:

- The Realization Process is a direct path to embodied nondual awakening.
- Nonduality is the realization of our own nature as the undivided expanse of fundamental consciousness pervading our body and environment as whole.
- Nondual realization is an actual transformation of our being, not just a change in our beliefs. It's not that we *know* nonduality. It is that we *are* nonduality.
- Embodiment is the realization of fundamental consciousness pervading our whole body.
- Chronic fragmentations within one's own being and between oneself and one's environment can be healed by realizing fundamental consciousness.
- We can experience oneness with other people without being entangled with them, and without losing inward contact with ourselves.
- The fundamental ground of our being has never been injured.
- We can find within our body an innate, ever-present source of equanimity and happiness.
- Even after we have stabilized in non-dual reality, we can continue to become increasingly open to the unity and transparency of our body and environment.

Ethics:

- Treat colleagues, clients, and students with respect and consideration at all times.
- Do not behave in any manner that may bring the Realization Process, its members, or the tradition or practice of the Realization Process into disrepute.
- Observe confidentiality of student/client information at all times.
- Do not harm or manipulate the student/client in any way or take advantage of them for the purpose of personal, monetary, social or sexual exploitation.

Policies:

- All personal information revealed by participants during the training is confidential and not to be shared outside of the group, including participants' contact information.
- You must obtain permission from Judith Blackstone if you wish to include any part of the Realization Process practices in any published written materials, website text or audio or video recordings, or scientific research.
- Authorization to give teacher trainings or to certify anyone in the Realization Process is restricted to Judith Blackstone and the Senior Teachers she designates.

Consent Agreement and Waiver of Liability:

By typing my name below and submitting this application for the Realization Process Embodiment Teacher Training, I affirm that I am of sound mind and body. I take full responsibility for my participation in the training. I hereby release and waive Realization Process, LLC, Judith Blackstone, Roma Hammel, Jon Hansen, Marcia Haarer and Christi Bemister from any liability, claims and actions arising out of or related to loss, damage, injury, or psychological distress that may be sustained by me while participating in the Realization Process Embodiment training.

I have read and agree to abide by the statements of Ethics and the Policies above.

Name:

Date: